

# Day Camp Packing List



Please be sure to have completed all online forms, including the health history form, in your camper's [online account](#) prior to arrival. Campers will not be permitted to stay without a completed health form and if required, their [medication addendum](#).

In addition to including these details on the health form, **please contact our office directly to discuss severe food allergies, special diets (e.g. gluten free), and other dietary and behavioral accommodations**, via our website by [submitting this form](#). By letting us know a few weeks in advance (at minimum), we can help to make sure your camper has a safe and welcoming experience at camp!

## Day Camp Details...

- Pick up and drop off is at the **Pool Pavilion** near the Pool
- **Drop off** is from 8:00 - 8:30am and **pick up** is between 4:30 - 5pm
- **Pre-registration is required** for Early Care (7 - 8am daily) and After Care (5 - 6pm, Mon-Thurs)
- We provide each camper with a drawstring bag to carry items

**What to bring...** This is camp - please bring old clothes! Be sure to label everything and check your camper's belongings when you pick them up.

|  |                       |                                 |
|--|-----------------------|---------------------------------|
| Change of clothes (just in case!)          | Bandana or Hat        | Sunscreen (at least 30 SPF)     |
| Bathing suit                               | Athletic Shoes        | Insect Repellent (non-aerosol)  |
| Pool towel                                 | Flip flops or sandals | Water shoes that secure to feet |
| Pillow/blanket for Siesta*                 | Backpack              | Water Bottle                    |
| A book or other quiet, individual activity |                       |                                 |

**We ask that all staff and campers dress practically for camp**, meaning clothing that allows them to be comfortable and covered while being very active outdoors. **For this purpose, we enforce a dress code that includes the following tenets:** Campers should pack clothing that fully covers all private areas and all undergarments (underwear, bras/bra straps) at all times. Campers should wear bathing suits that are secure and comfortable for active aquatic programming. **We ask that boys wear trunk-style bathing suits and girls wear one-piece or tankini style bathing suits.** *Everyone* is encouraged to consider "rash guards" or "swim tees" as ways to help prevent sunburn and skin damage from UV exposure. Shorts, a t-shirt and a hat with a brim is an excellent everyday outfit!

**Please do NOT bring...** electronics such as iPods, e-readers, smart phones/watches, cell phones, radios, TVs, or video games; aerosol spray cans, weapons/firearms, pocket knives, pets or animals, illegal substances, personal sports equipment or valuables. Such items may interfere with the program and are subject to confiscation.

**Food is not allowed to be stored** due to the potential risk of insect/animal problems. Please do not pack candy, gum, or other foodstuff. Lunch and snacks are provided for campers every day.

**\*Siesta** is our name for a rest period, a quiet time after lunch when campers are invited to nap or do another quiet, individual activity. Camp days are very active, and the rest period allows campers to recharge before another busy afternoon! Siesta will be held under the Pool Pavilion tent so that campers can spread out to nap. Campers should bring a blanket and pillow to lay on. They can bring something quiet to use during the quiet time.