# **Pecometh Challenge Course Program**



# What is a Pecometh challenge course program?

- It is an outdoor adventure experience focused on building teams and effective leadership.
- ☐ It uses low and high ropes course activities.
- ☐ It follows a "process-model" that builds on lessons-learned throughout the day.

## How long does it take to get through the challenge course?

- Our staff is trained on over 15 high element challenges, 20 low element challenges, and 30 ground activities; it would take a week for a group to progress through all of our activities.
- ☐ Most groups spend 4 to 6 hours on the course: first hour on ground activities and warm-up, next two hours on low elements and the final few hours climbing on the "highs."
- $\square$  For groups with limited time, such as 2 3 hours only, it is most appropriate for our staff to run a team-building program using only ground activities and low elements.

## What type of program is best for our group?

- Our challenge course manager will talk with you after you submit the assessment form in the Leaders Packet. From that info, a decision will be made on what program format to use.
- □ Format options include:
  - Low challenges only
  - Low and high challenges
  - Custom designed programs just ask!





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### What about the curriculum? What do you teach?

- Our core focus is helping people to improve communication, collaboration, decision-making, problem solving and new ways to have fun together.
- We move beyond basic recreation and provide rich learning opportunities for participants to gain insights into themselves, how they fit into a team and the skills others bring to the experience.
- We are rooted in the philosophies of long-standing organizations such as Outward Bound and Project Adventure who have for years operated safe and effective adventure programs.

### How much does it cost? And what are the program times?

- \$49 per person; minimum charge of \$550
- Programs start at 9am and ends at 4pm
- We can accommodate most of your scheduling issues, just ask for what you need and we will work with you.

### What is your policy in the event of bad weather?

- We operate 12 months out of the year.
- We cancel in the event of heavy winds, lightning storms, ice, extreme temps or heavy rain.
- Usually we move the program indoors so your group still has a great "team" experience.

### I'm ready to book or I have more questions, what's next?

Contact Richelle Darrell to schedule 410-556-6900 x 100 richelle @pecometh.org







