

Overnight Summer Camp Packing List pg. 1 of 2



Please be sure to have completed all online forms, including the camper health history form, in your camper's [online account](#) prior to arrival. Campers will not be permitted to stay without a completed health form and [medication addendum](#).

In addition to including these details on the health form, **please contact our office directly to discuss severe food allergies, special diets (e.g. gluten free), and other dietary and behavioral accommodations**, via our website by [submitting this form](#). By letting us know a few weeks in advance (at minimum), we can help to make sure your camper has a safe and welcoming experience at camp!

What to bring... This is camp – please bring old clothes! Be sure to label everything and check your camper's belongings when you pick them up. All forgotten items are given to charity each week. Please bring your belongings in a duffel bag, if possible. The floor space is limited and duffel bags fit nicely under a bunk bed! It's also helpful to pack toiletries in a Ziploc or toiletries bag since most campers will be sleeping in cabins with a separate wash house building.

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|--|------------------------------|-----------------------------|
| Twin Sheets / Blanket or Sleeping Bag | T-Shirts | Toothbrush/Toothpaste |
| Pillow/Pillowcases | Shorts | Shampoo/Soap |
| Towels (shower and beach) | Sweatshirt/Long-sleeve shirt | Hairbrush/Comb |
| Laundry Bag | Jeans/Long pants | Camera (optional) |
| Bible | Socks & Underwear | Bug Repellent (non-aerosol) |
| Quiet time items (book, journal, coloring) | Bandana/Hat | Sunscreen (at least SPF 15) |
| Flashlight | Athletic Shoes | Raincoat/Sturdy Poncho |
| Flip Flops | Water Shoes | Swimsuit (or two) |
| Galilean service offering (optional \$1-\$5) | | Masks* |

***For 2022, we may have a need to ask campers and staff to wear a face mask in some indoor events with large groups**, regardless of vaccination status. Masks can include multi-layer fabric masks and/or one-time use masks. Please read [the CDC recommendations for effective mask styles and wearing to learn more](#). Bandanas, masks with vents or valves, single-layer gaiters, and face shields worn alone are not considered effective and will not be approved for use at camp. It may be a good idea to add a few to your campers bag in case that need arises.

We ask that all staff and campers dress practically for camp, meaning clothing that allows them to be comfortable and covered while being very active outdoors. **For this purpose, we enforce a dress code that includes the following tenets:** Campers should pack clothing that fully covers all private areas and all undergarments (underwear, bras/bra straps) at all times. Campers should wear bathing suits that are secure and comfortable for active aquatic programming. **We ask that boys wear trunk-style bathing suits and girls wear one-piece or tankini style bathing suits.** *Everyone* is encouraged to consider "rash guards" or "swim tees" as ways to help prevent sunburn and skin damage from UV exposure. Shorts, a t-shirt and a hat with a brim is an excellent everyday outfit!

Guidelines for clothing to leave at home: strapless or one-strap tops, boys' speedo-style and girls' bikini/cut-out/strapless swimsuits, sheer/mesh clothing, "short-shorts" that would be uncomfortable for sitting on rough surfaces or wearing a challenge course climbing harness, and clothing with images or messages that are inappropriate for a safe and welcoming Christian youth environment.

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Please do NOT bring... electronics such as iPods, e-readers, smart phones/watches, cell phones, radios, TVs, or video games; aerosol spray cans, weapons/firearms, pocket knives, pets or animals, illegal substances, personal sports equipment or valuables. Such items may interfere with the program and are subject to confiscation.

Food is not allowed to be stored in cabins due to the potential risk of insect/animal problems. Please do not pack candy, gum, or other foodstuffs. Snacks are provided for campers every day.

Program-Specific Recommendations:

Late Night With Jesus Program... Please bring a white t-shirt for tie-dying.

Leaps of Faith Program... Please bring a sleeping bag. While these campers stay in a cabin most nights, they also enjoy one night of sleeping out under the stars! Also be sure to pack a few pairs of shorts/pants that will be long enough to allow for comfortably wearing a climbing harness several days during the week.

That's Not Camp Program... You should leave all video games and gaming apparatus at home (consoles, handhelds, laptops, tablets, etc). Gaming cards (Pokemon, Yu-Gi-Oh!, Magic the Gathering, etc) can be a fun addition, but please recognize that all personal items are the camper's responsibility, and camp can be a rough place for cards - think of how big camp is and all of the aquatic activities!

Top Chef Programs... Please be sure to contact our office directly to share any food allergies or dietary restrictions (in addition to listing them on the online forms). This way, we can be best prepared with a menu to best suit your camper!

Trail Blazers Program... Please bring a sleeping bag, and pack light! These campers spend every night sleeping out in our hammock villages. Be sure to pack shoes and clothes comfortable for light hiking, and a couple extra pairs of socks.

Wilderness Explorers Program... Please bring a sleeping bag. While these campers stay in a cabin most nights, they also enjoy one night of sleeping out under the stars!

For All Programs... Please do bring a smile, and a willingness to have fun! We'll see you soon!